

LUNCH

SATURDAY, OCTOBER 21, 2017

HONEY STUNG BREADED DRUMMIES



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
211	460mg	13g	15g	6g	70mg	0g

RAVIOLI BAKE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
342	890mg	20g	18g	25g	55mg	2g

CHEESE RAVIOLI

4 pcs



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
136	620mg	6g	4g	19g	24mg	2g

LENTIL & 5-VEGETABLE STEW



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
117	285mg	7g	1g	20g	0mg	8g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen